The Environmental Burden of Disease

A brief overview

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Determinants of Health



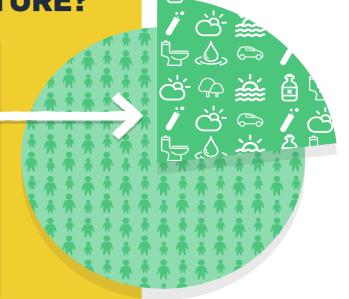
ENVIRONMENTAL IMPACTS ON HEALTH

WHAT IS THE BIG PICTURE?

FACT:

of all global deaths are linked to the environment.

That's roughly **12.6 million deaths** a year.







3.8 million in South-East Asia Region

3.5 million in Western Pacific Region

2.2 million

in Africa Region

1.4 million

in European Region

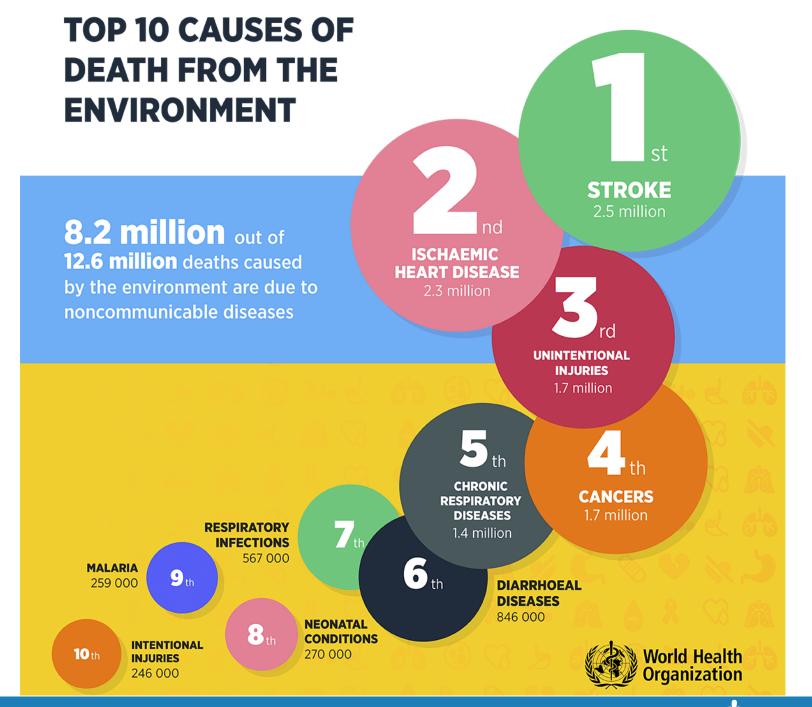
854 000

in Eastern Mediterranean Region

847 000

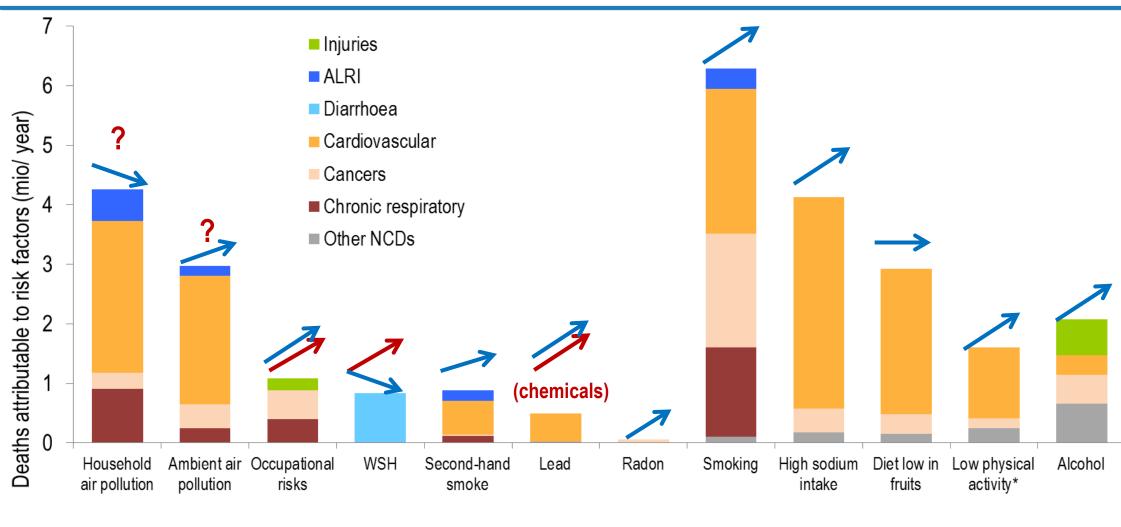
in the Region of the Americas







Deaths attributable to risk factors (million/ year)



Methods trend Real trend

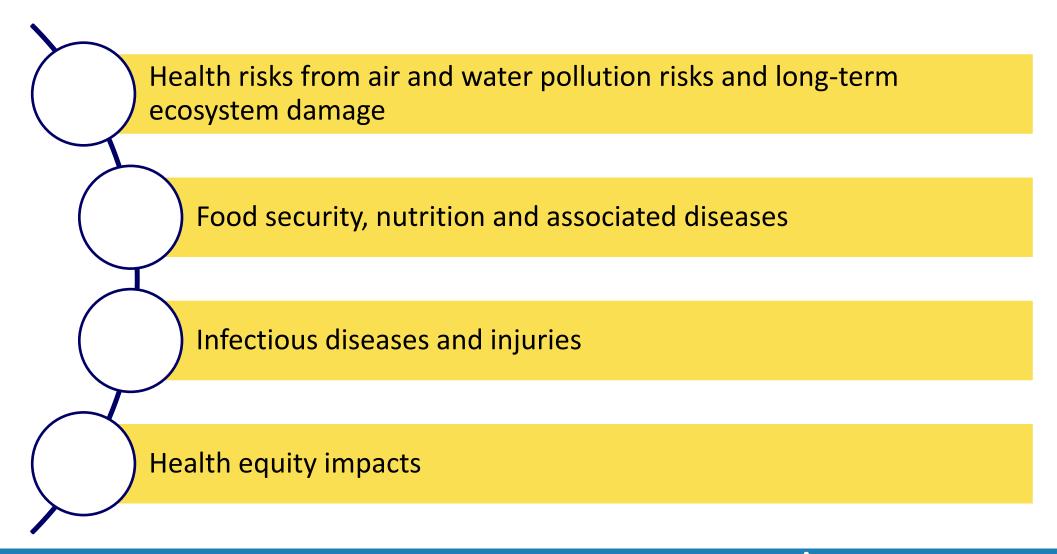


HOW THE ENVIRONMENT IMPACTS OUR HEALTH





Example 1: Health and agriculture











Promoting health through sustainable family agriculture

- WHO guidelines for the safe family production of fruits & vegetables >> decrease 50-60% diarrheal diseases
- improved nutrition by enhancing household diet diversity
- improved environmental health less use of chemicals, fertilizers and other agricultural inputs
- promotion of production & consumption of traditional local foods, recovering biodiversity & gastronomy
- Short food chains -> reduced carbon "footprint"



Sustainable agriculture: win-wins for addressing NCDs (1)

Reduce hunger and malnutrition by:

- Sequestering carbon in soils leading to higher yields
- Promoting diverse, micronutrient-rich plant-based localised agriculture;
 support for mixed crop-livestock systems and integrated rice-fish cultivation.

Address obesity and associated diseases by:

 Modifying demand for saturated fat-rich meat & dairy products among high consuming populations in high and middle income countries



Sustainable agriculture: win-wins for addressing NCDs (2)

Reduce agrochemical and other contamination by:

- Promoting integrated pest & vector management to reduce chemical poisonings
- Addressing growth in intensive livestock production (problem of faecal contamination)
- Reducing excessive use of fertilisers

Build long term climate adaptation to ensure long term food security by:

- Building soil carbon
- Halting deforestation;
- improving water resource efficiency (rainwater harvesting &drip irrigation)



Sustainable agriculture: win-wins for addressing communicable diseases

Reduce vector borne diseases:

- Alternate wet-dry irrigation in rice cultivation: disrupts mosquito breeding cycles & reduces methane emissions
- Aquaculture using larvivorous fish can reduce mosquito populations and enhance food security

Tackle antimicrobial resistance and zoonoses by:

Reducing proliferation of large scale, intensive livestock facilities



Example 2: Air Pollution

AIR POLLUTION IN NUMBERS

AIR POLLUTION AFFECTS NEARLY ALL OF US

An estimated 6.5 million deaths were associated with air pollution in 2012. This is 11.6% of all global deaths.

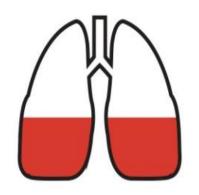




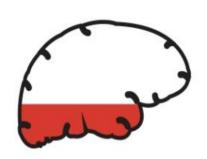


INVISIBLE KILLER

Air pollution may not always be visible, but it can be deadly.



36%
OF DEATHS FROM
LUNG CANCER



34% of DEATHS FROM STROKE



27%
OF DEATHS FROM
HEART DISEASE



Opportunity 1: Urban Health

Nearly 70% of the world's population will be living in urban areas by 2050



Integrating health into urban policies: synergy and co-benefits

- Clean Energy
- Housing
- Transport
- Waste Management
- Land-use planning

Injuries, physical activity, noise, diet

Air pollution

Climate change

Local and global health impacts



Sustainable transport

WHO guidance on sustainable mobility

- Provision of walking and cycling infrastructure
- Enabling and facilitating access to public transport
- Improving land-use planning
- Improving vehicles and fuels
- Developing tools to quantify health and economic impact of transport policies

Division 44 Water, Energy, Transport



Urban Transport and Health

Module 5g Sustainable Transport: A Sourcebook for Policy-makers in Developing Cities













Opportunity 3: SDGs and intersectoral action















